

AA Colorado Histories – Groups, Districts, Committees ***Your AA Autobiography – Personal Testimonies***

CONFIDENTIAL (AA Members ONLY)

Purpose: Help future generations remember how AA sobered up 2 million alcoholics since 06/10/35 including 16,000 in Colorado/Area 10 since 08/19/41.

We need Colorado AA history, according to you. Everyone in AA is encouraged to participate. Typed or handwritten, one page or ten. We're looking for highlights, lowlights, earliest to most recent AA memories of your group's demeanor, leaders, rulers, attitudes & actions toward newcomers, outside issues, group consciences & inventories, home groups, service work, traditions, steps, workshops, participation, concepts, 12th step work, group disagreements, conflicts, break-ups, make-ups, resolutions, etc. Be general or specific, names or anonymity, it's up to each group or person. Below are additional ideas from our *long timer interviews*. Allow your autobiography to take on a life of its own. Most importantly, have fun! Our primary interest is in AA's role in the story, not so much your personal story. The focus is on AA history in Colorado, how we were and are. As always, the emphasis is on sobriety rather than drinking.

Additional questions you might consider:

How and when did you come into AA? Where did you go to your first meeting? Did it work? How did you first learn about AA? Did you have a sponsor? What type of sponsorship was there? How many groups or meetings in your area? What was the format like? How were meetings run? Who were some of the people playing important roles in the formation of new groups? What contributions did you make, if any? Did your Group have any resentments, new meetings, why? Did your group follow the 12 Traditions? What individuals were especially prominent in your sobriety? How were new members contacted? What kinds of Twelfth Step work, any that stick out in your mind? How did your group deal with police officers, judges, doctors, etc.? Did treatment centers exist in your area when you sobered up? How many different groups did you attend? Home groups important? Attitudes towards treatment facilities? Did any of them use a Twelve Step format or incorporate meetings into their structure? How did the community receive Alcoholics Anonymous? Do you think your group(s) has had an influence in your community? What do you remember of early conferences, assemblies, and conventions, Intergroup and central offices? How about local clubs? Have you had any contact with G.S.O.? How did your group treat newcomers, constant slippers? Thirteenth steppers? How did people and your meeting treat multiple addictions? Open, closed meetings? In what ways has AA changed over the years? Is AA today better, worse or different? What worries you about the future of AA, what should AA focus on to continue?

Thank you for contributing to your Area 10 Archives!

Please email us your history and bring a printout to the Area Assemblies. *Be sure to include your district number & group name.*

Send to:

archives@coloradoaa.org